

August 2016

St George's University Hospitals **NHS**

NHS Foundation Trust

Contact Details

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facebook



We're almost ready to go live! But we're still looking for volunteers to provide content for our Facebook group!

If you would like to write a piece to feature next month please don't hesitate to contact me! =)

BKPA young adult

ACTIVITY WEEKEND

RAVENSTOR 2016

16TH · 17TH · 18TH SEPTEMBER

If you're 18-30 and have a Chronic Kidney Disease, had a transplant or are on dialysis, you can come and enjoy an action packed free weekend at Ravenstor Youth Hostel, an impressive country house in the heart of the Peak District.

- Meet other young adults from across the UK.
- Enjoy a wide range of activities including archery, canoeing, walking, cycling and lots of fun socialising.

"Awesome weekend away, met some great people and now have some epic memories. Can't wait for the next one."



**DEADLINE TO
CONFIRM
YOUR PLACE:
*1st AUGUST***

We already have approximately 60 people on our list, so places are limited.

DON'T MISS OUT!



16th, 17th & 18th September!

FREE—even includes your food and travel

Come and enjoy an action packed FREE weekend at the Ravenstor Youth Hostel an impressive country house in the heart of the peak district.

A fantastic opportunity to meet other young adults from across the UK and enjoy a wide range of activities including archery, canoeing, walking, cycling and lots of fun socialising.

If you would like to come or would like anymore information let me know!

Surveying
People
Experiencing
young **A**dult
Kidney failure

**Opportunity
to be
Involved in
Research!**



The closing date for recruitment to the SPEAK study is 30th August 2016 — so if you would like to be Involved please sign up now!

The multi-centred **SPEAK study** looks at outcomes and patient experience for young adults with kidney failure. If you'd like to take part in this important piece of research please let me know! It's all done online and the results could really make a difference to young adult renal patients.

